



LOGISTIC GUIDE

الألعاب الإفريقية

JEUX AFRICAINS
AFRICAN GAMES
JOGOS AFRICANOS

RABAT 2019
19 - 31 AOÛT



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INTRODUCTION

In 1965 in Brazzaville held the first edition of the African Games. In its 54 years of existence, the «All Games Africa», recognized since its launch by the International Olympic Committee (IOC), has acquired over the years an international reputation for the quality of the show offered, only by the craze that it arouses crowds and media around the world.

The signing of the Memorandum of Understanding, by the Minister of Youth and Sports, Mr. Rachid Talbi El Alami, for the Government of Morocco, and by the AU Commissioner for Social Affairs, Mrs. Amira El Fadil, for the Commission of the AU, November 10, 2018, has designated the Kingdom of Morocco as the host country for the 12th edition of these games.

The organization in Rabat of this large-scale event for African athletes, with a program that combines, by its originality, sporting and cultural events, comes to crown the efforts made by Morocco, under the enlightened leadership of HM the King Mohammed VI, for the development and promotion of African sport.

1. PRESENTATION OF CITIES

Rabat City

Area: 118 Km²

History and culture:

The city was founded in 1150 by the Almohads.

Since June 2012, a set of sites in the city of Rabat has been inscribed on UNESCO's World Heritage list as a cultural property.

Wealth and economy:

Rabat is the second largest city in Morocco after Casablanca. In recent years, Rabat has become a business center benefiting from the restructuring of public administrations as well as the installation of foreign companies and the creation of off-shore areas.

Salé City

Area: 87 Km²

History and culture:

Founded in the eleventh century, the city of Sale experienced a real development in the time of the Almohades and Mérinides, because of its strategic position on the road: Fez / Marrakech and thanks to its port, trading center between Europe and Morocco.

Wealth and economy:

In March 1987, King Hassan II inaugurated Dar Assikah, symbol of national sovereignty since it allows Morocco to produce its currency.

Casablanca City

Area: 189 Km²

History and culture:

Casablanca developed on the site of an ancient city called Anfa. It played an important role in Moroccan history at the end of the seventh century and the beginning of the eighth century. After independence in 1956, Casablanca became the locomotive of the country and the symbol of a modern, dynamic and open Morocco.

El Jadida City

Area: 98 Km²

History and culture:

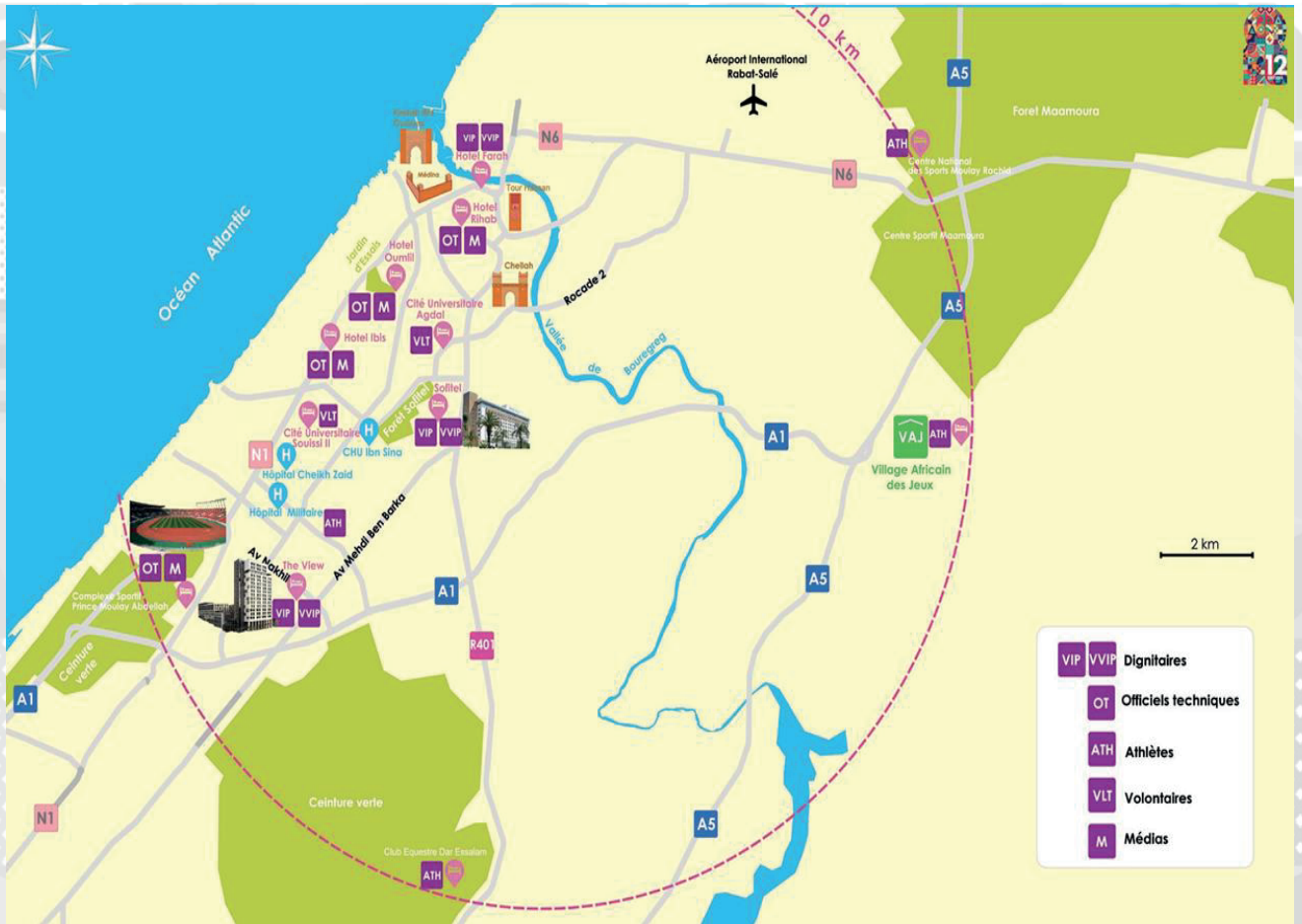
A fortified city, built by the Portuguese in the early sixteenth century and named Mazagan, was taken by Morocco in 1769. From the beginning of the nineteenth century, the city broke out of the walls of the Portuguese city. Today, it extends far beyond what is no more than a historic island on the Atlantic.

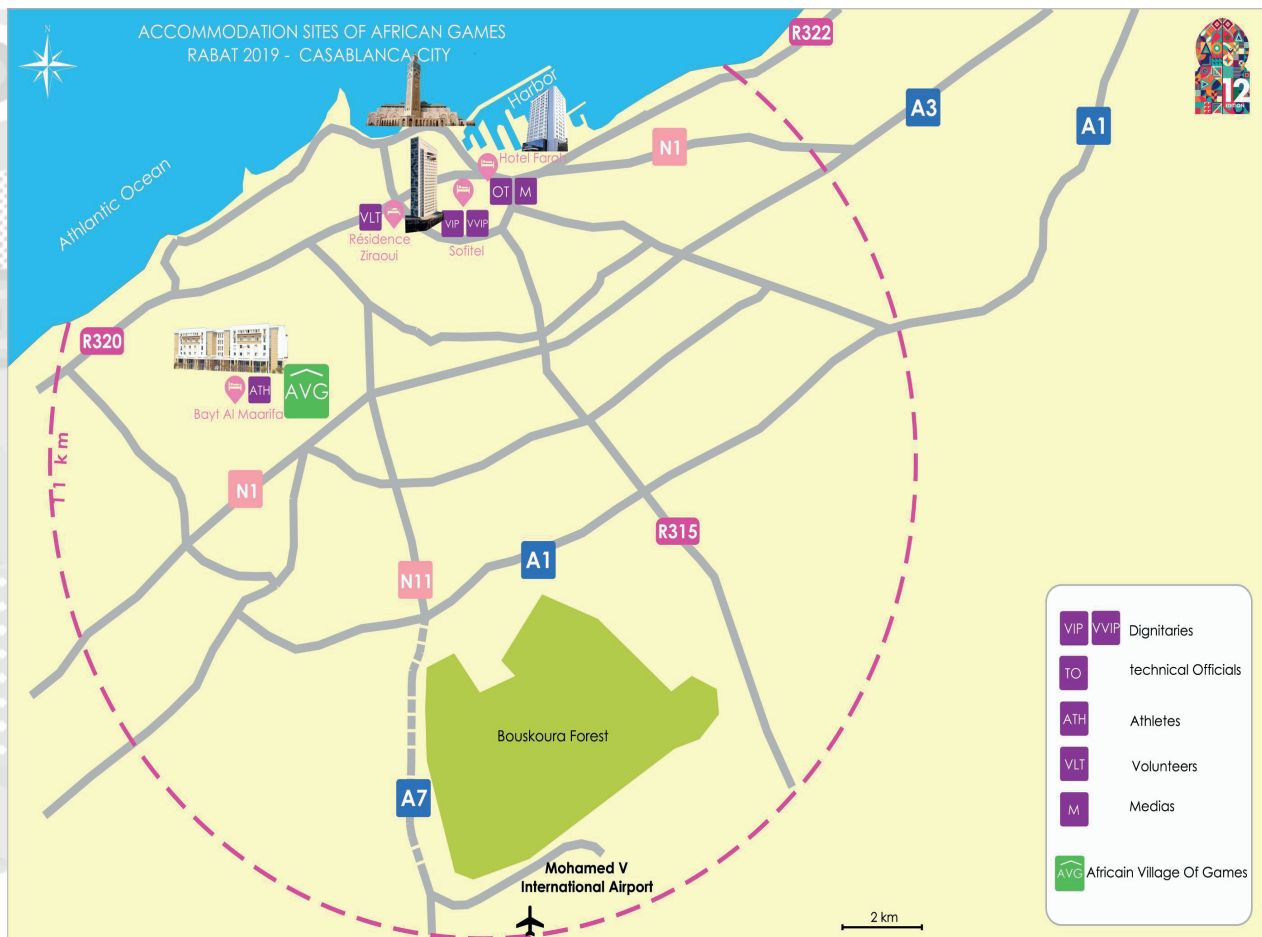
Wealth and economy:

The province of El Jadida has 2 ports: the port of El Jadida downtown which is reserved for fishing, pleasure boats and water sports, and that of Jorf Lasfar to 17 km south of the city which is the first mineral port of Africa. Among the large companies it houses are OCP, JLEC and SONASID.

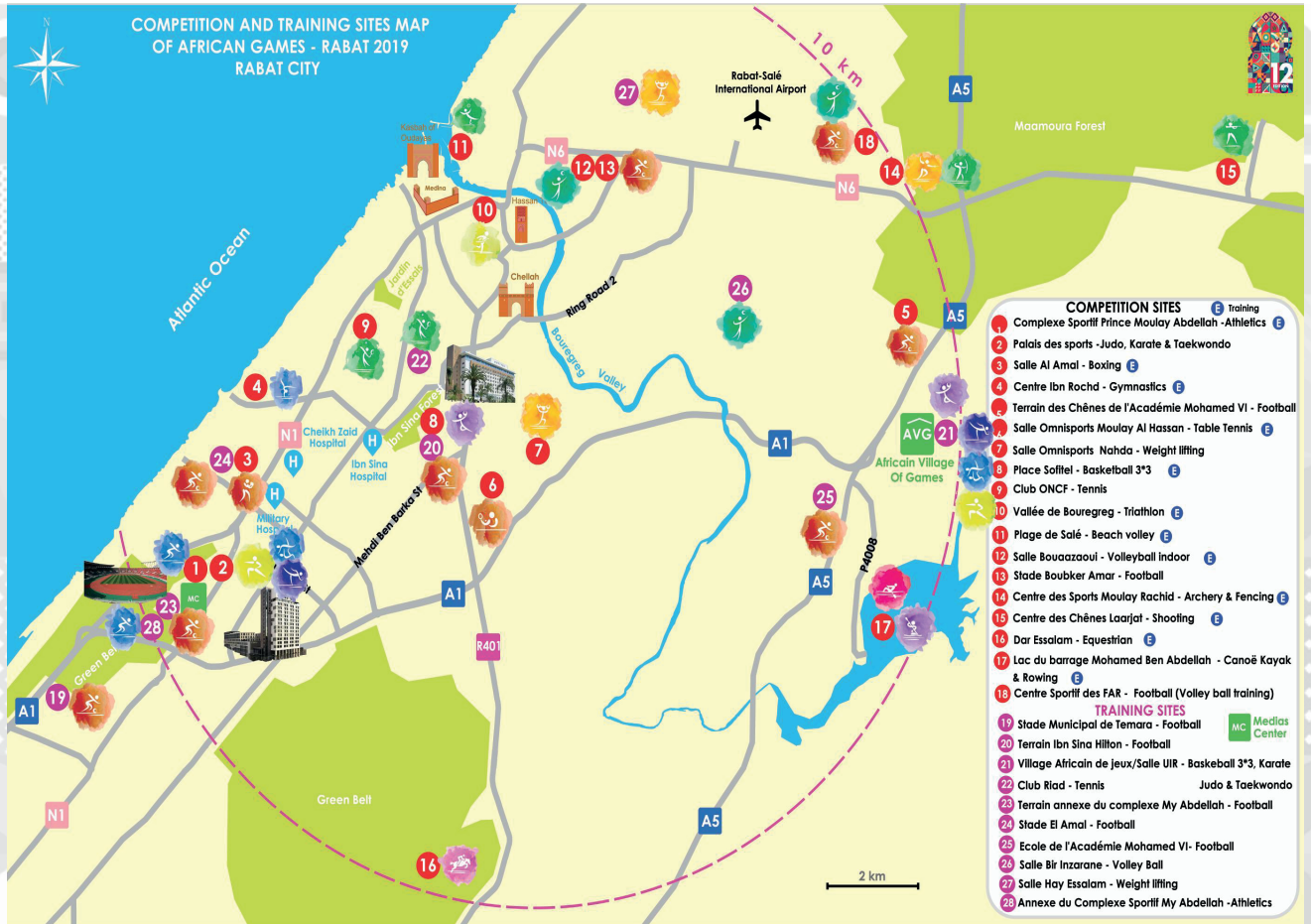
I- ACCOMMODATION

I -1. Mapping of accommodation venues:





I-2.Mapping of competition Sites





I-3 Presentation of accommodation sites by city

Cities	Hosting sites	CODE
Rabat	Rabat International University	VAP
	Dar Essalam	HSE
	Cité Universitaire Souissi II (volunteers)	HV1
	Cité Universitaire Agdal (Volunteers)	HV2
	African Family Hotel	HFA
	APESA	HFB
Salé	Centre National Sportif Mly Rachid	VA3
Casablanca	Bayt Al Maârifa	VA2
	Residence Ziraoui	HV3
El Jadida	Ibis Rouge	HL1
	Blue Moussafir	HL2

NOC hosting sites:

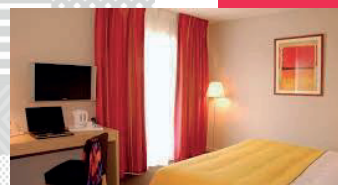
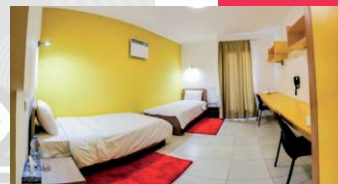
1. The African Games Village «Rabat 2019»

The Rabat 2019 African Games offer a quality environment, allowing approximately 3800 athletes and staff to relax, optimize their performance and enjoy the atmosphere of the African village.

Activities	Dates and Hours
Pre-opening of villages	Monday, August 12, 2019 at 9am
Opening of villages	Saturday, August 16, 2019 at 9am
Closure of villages	Tuesday, September 03, 2019 at 00h
City	Salé
Site	International University of Rabat
Adresse	Technopolis Rabat-shore, Rocade Rabat –Salé 11 100 sala El Jadida
Phone	06 14 66 53 15
Capacity	Number of Beds : 3800

Components:

Double rooms / singles . Sports Fields / Training Room . Amphitheater and conference rooms Covered Room . Restaurants . Nautical Basin . Medical Center . Meeting rooms . Office premises

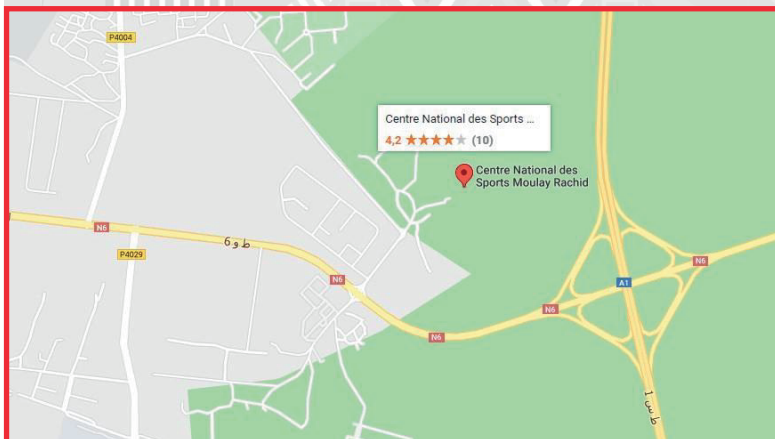


2. National Sports Center «Moulay Rachid - Salé»

City	Salé
Site	Royal Training Institute of Managers
Adresse	KM 12 - Meknes Road Salé.
Phone	Fixed: 05 37 83 08 80
Adresse Email	contact@irfc.ma
Capacité	Number of beds: 726

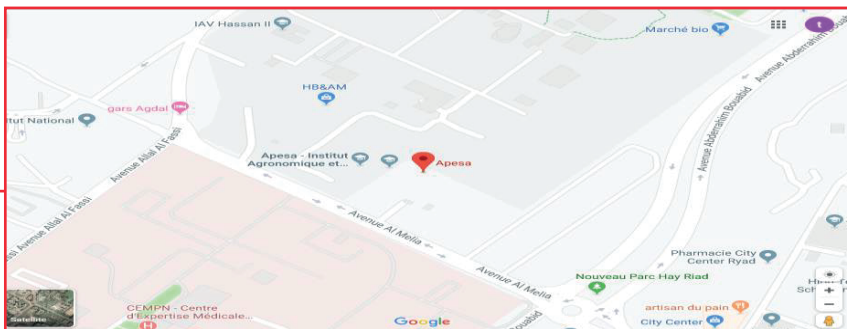
Components

Amphitheater and conference rooms . Restaurant . Athletic track homologated . Indoor Olympic Pool Approved . Sport hall . Outdoor fields (soccer, rugby, Basketball, handball, volleyball, tennis)



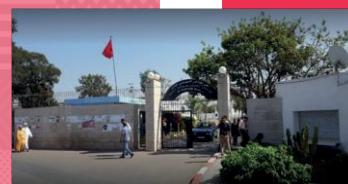
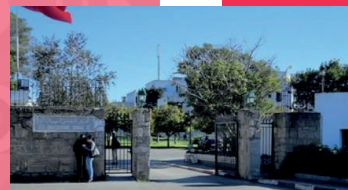
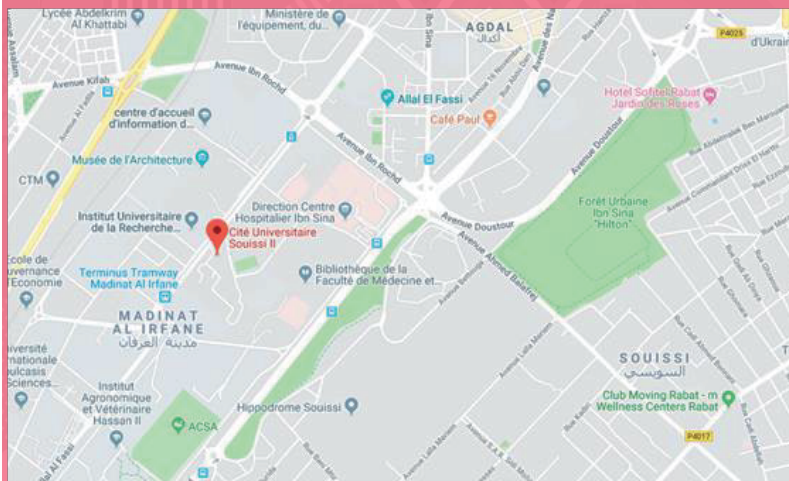
3. APESA (FOOTBALL ACCOMODATION)

City	Rabat
Site	Institut Agronomique et Vétérinaire
Adresse	Madinat Al Irfane BP 6202-Instituts 10112-
Phone	MrCharaféddine 07 00 09 67 11
Capacity	600 beds
Restaurant	Capcity : 400



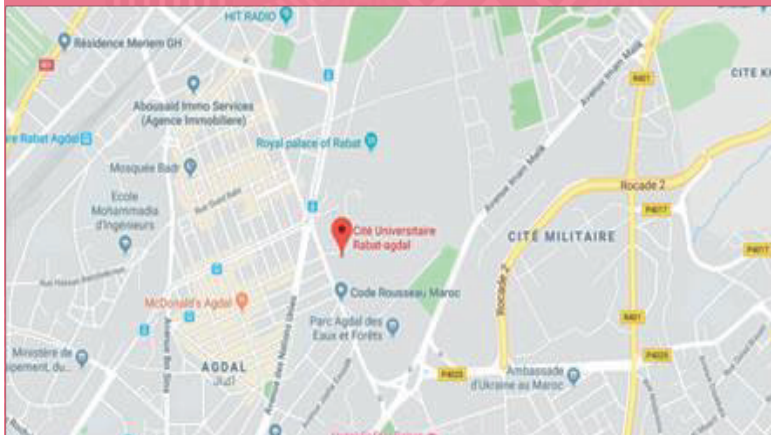
4. Cité Universitaire Souissi II (VOLUNTEERS)

City	Rabat
Site	Mrs. DAHMANI
Adresse	Allal El Fassi Avenue-Rabat
Phone	06 61 42 95 00
Capacity	2000 beds
Restaurant	400 Seats



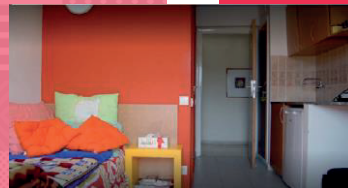
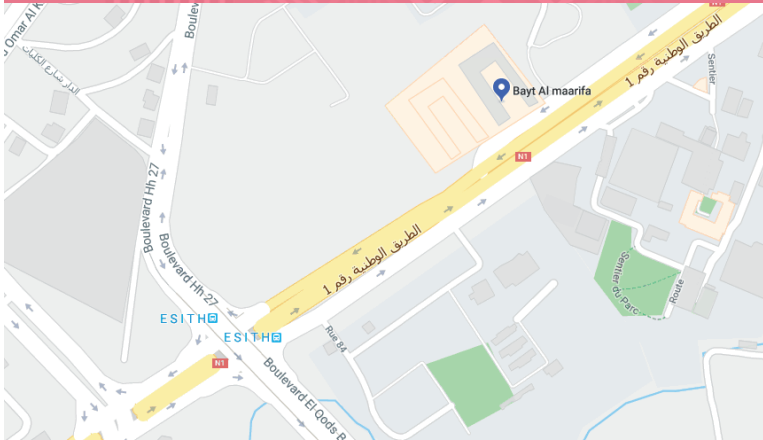
5. Cité Universitaire Agdal (VOLUNTEERS)

City	Rabat
Site	Mrs. ZIZI Bouchra
Adresse	United Nations Avenue-Rabat
Phone	06 66 93 78 93
Capacity	2992 beds
Training Sites	1 Basket-Ball Field / Fitness Area

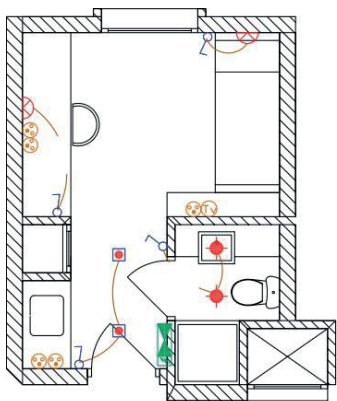


6. The Casablanca Games Village

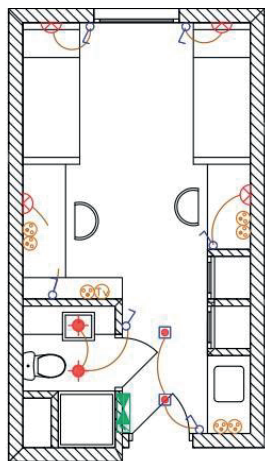
City	Casablanca
Site	BAYT ALMAARIFA
Adresse	Dyar Al Maârifa El jadida Road
E-mail adress	daim@dymaralmadina.ma
Capacity	1000 beds



Room plans

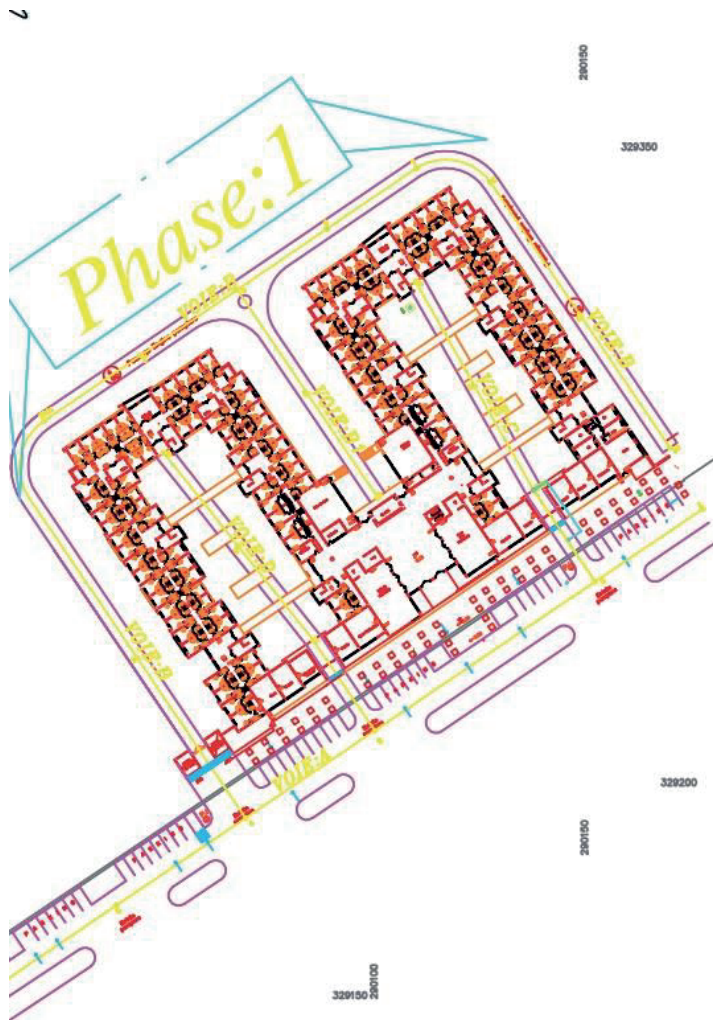


Chambre Single



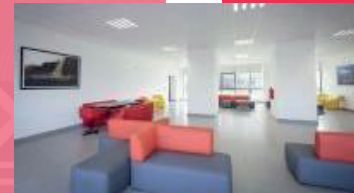
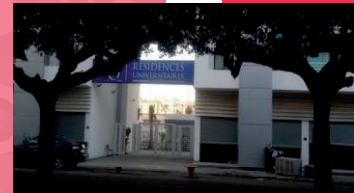
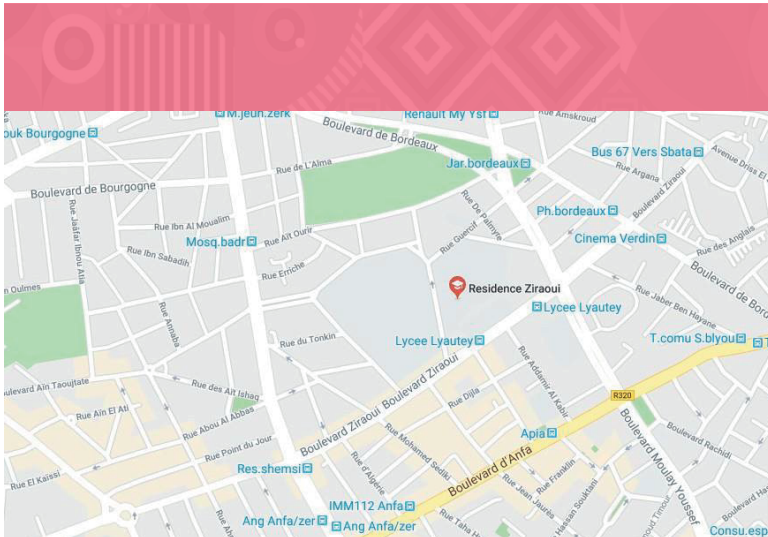
Chambre Double

Site map



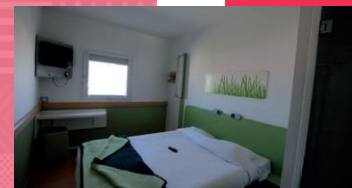
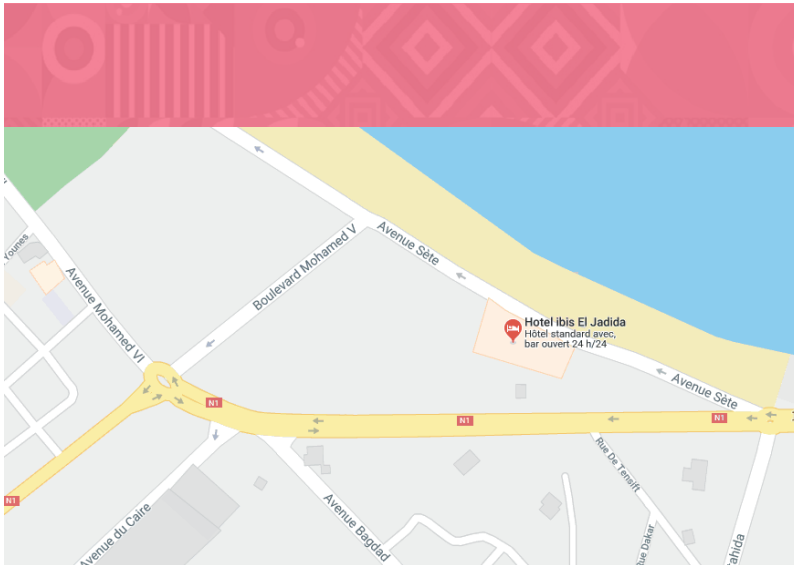
7. Ziraoui University Residence (Casablanca) (VOLUNTEERS)

City	Cœur de Casablanca
Site	Les Résidences Universitaires Ziraoui
Adresse	A proximité du Lycée Lyautey (Quartier Bourgogne) Boulevard Ziraoui, Casablanca 20250
E-mail adress	ahmed.bazour@resu.ma
Phone	06 08 87 33 48
Capacity	500 beds



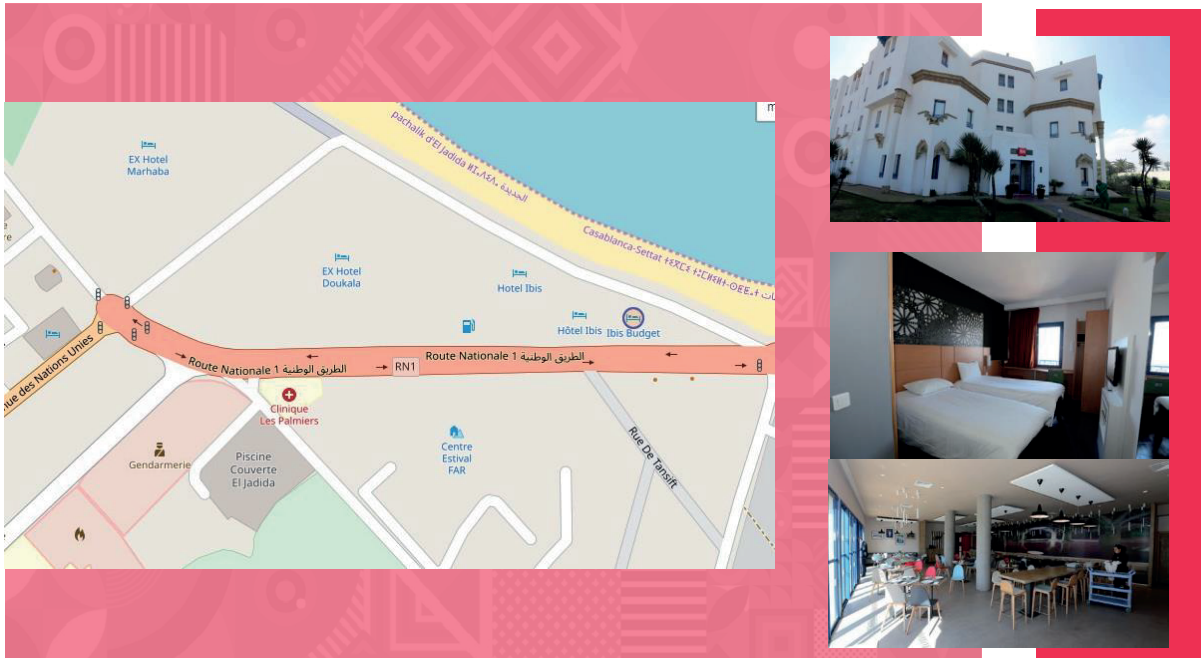
8. Ibis Budget Hotel «El Jadida» (Hosting Wrestling)

City	Al Jadida
Site	Moussafir Grand Ibis
Adresse	Nour El Kamar Square, Casablanca Road, El Jadida 24000
Phone	05 23 39 39 61
E-mail adress	H8104-GM@accor.com
Capacity	Number of beds: 148 beds



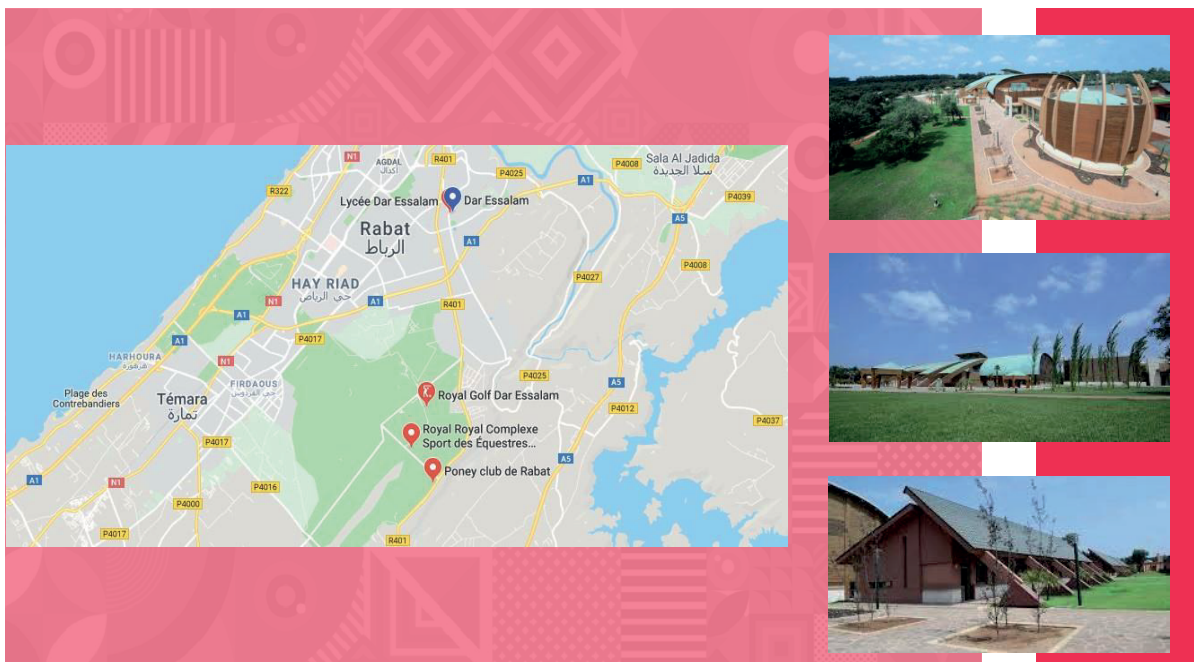
9. Hotel Moussafir Blue «El Jadida» (Hosting Wrestling)

City	Al Jadida
Site	Moussafir Grand Ibis
Adresse	Nour El Kamar Square, Casablanca Road, El Jadida 24000
Phone	05 23 39 23 21
Capacity	Number of beds: 148 beds



10. Dar Essalam Residence (Hosting Equestrian)

City	Rabat
Site	Institut National du cheval Dar Essalam
Adresse	Rabat-Dar Essalam, 12200 Rabat
Phone	05 37 66 60 44
Capacity	40 beds



Hosting of VVIP / VIP «Rabat» AFRICAIN GAME VILLAGE

Hotel : Sofitel Garden of Roses» - PALACE

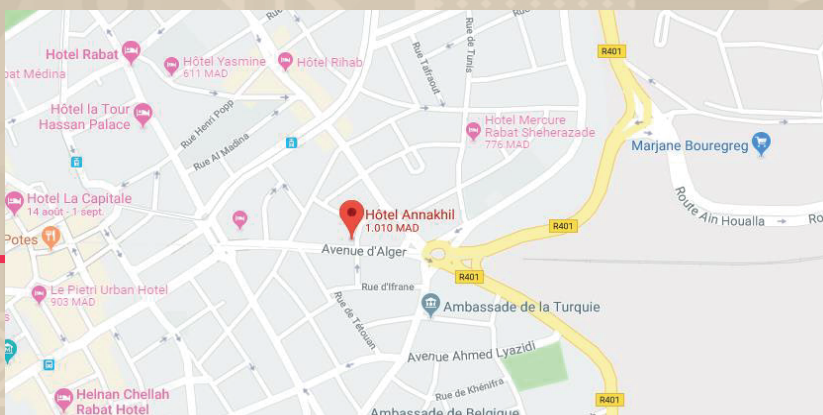
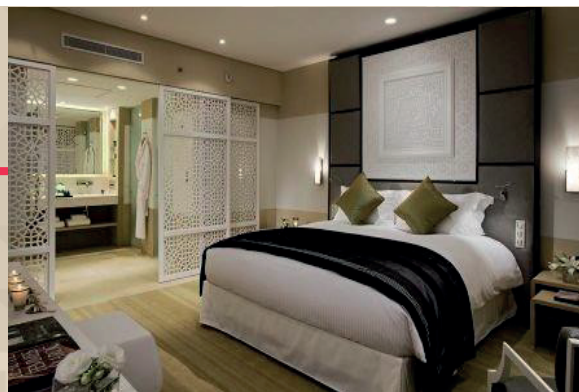
Adresse : Impasse SOUISSI- RABAT

Capacity : 257

Suites : 37 Price : 5500 dhs

Rooms : 220 Price : 3000 dhs

Phone : 0537675656



Hôtel Amphitrite - skhirat

Address : Skhirat

Capacity: 178.

Suites :

Price : 5500 dhs

Rooms :

Price : 1750 dhs

Phone : 05 37 62 10 00.



Hotel Farah - Rabat

Address : Place 16 Novembre, Rabat 10000.

Capacity : 149.

Suites : 10. Price : 3750 dhs

Rooms : 139. Price : 1350 dhs

Phone : 05 37 23 74 00



Hotel Rabat

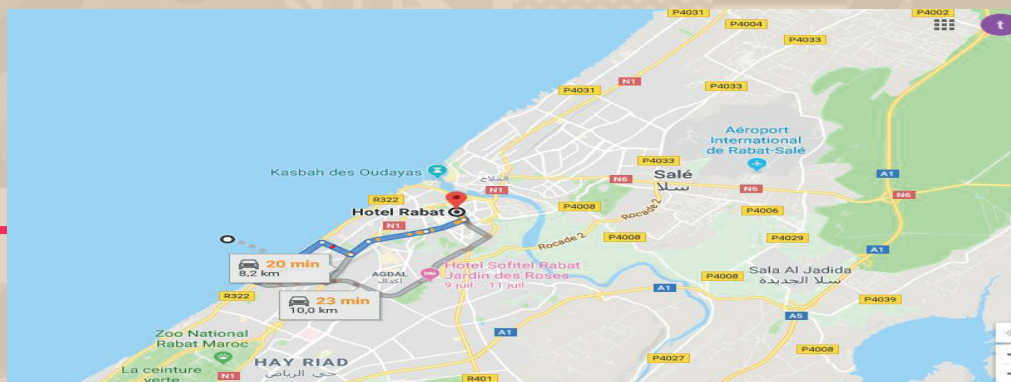
Address : 21, Avenue Chellah Hassan, Rabat.

Capacity: 126.

Suites : 12. Price : 3750 dhs

Rooms : 114. Price : 1350 dhs

Phone: 05 37 70 00 71/ 05 37 70 00 81



Hotel Pullman Mazagan Royal Golf & Spa-Eljadida

Address: Casablanca Road km7, B.P 116.

Capacity: 241.

Suites : 15.

Price: 2600 dhs

Rooms : 226.

Price: 1700 dhs

Phone : 05233-7912



3. Areas and General Services Provided to Games Villages

a. Services during pre-opening:

During the pre-opening period, NOCs that have completed their Delegation Registration Meeting (Chef de Mission) will be able to validate the accreditation of team officials who will reside in the villages to prepare for the arrival of their teams.

The cost of this Hosting (meal included) during the pre-opening period will be free.

Hosting Sites of Technical Officials

Hotel RIHAB 4*

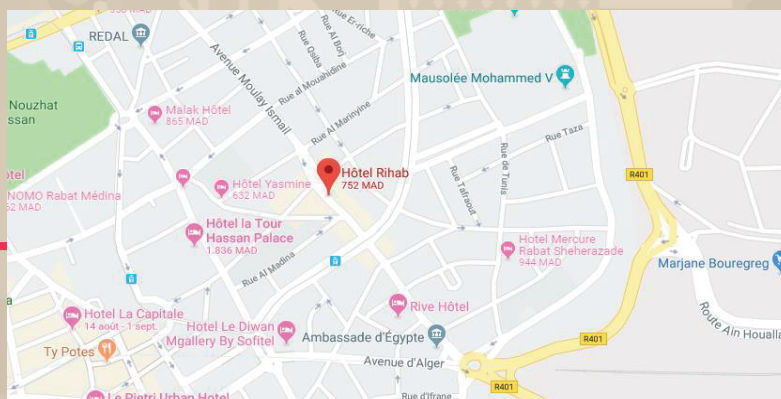
Address : 45 Avenue Moulay Ismail, Rabat 10000.

Capacity: 80

Number of double rooms: 35

Number of single rooms: 20

The disciplines affected: GYMNASTICS / SHOOTING



Hotel ANNAKHIL

Address : Avenue d'Alger, Rabat. De nous ommuniqué

Capacity: 54

Number of double rooms: 27

Number of single rooms: 02

The disciplines affected: ARCHERY / FENCING / BASKETBALLV3X3



Hotel LE RIVE 4*

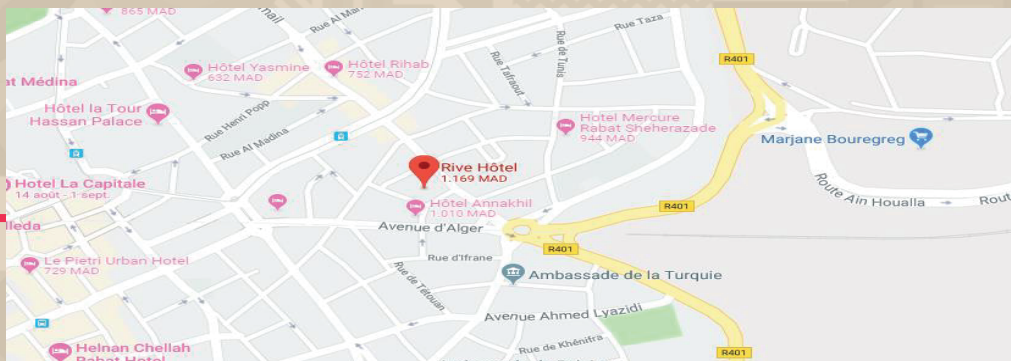
Address : 1 Rue Al Adarissa, Rabat.

Capacity : 86

Number of double rooms : 43

Number of single rooms: 02

The disciplines affected: VOLLEYBALL / BEACH VOLLEY BALL/WEIGHTLIFTING.



Hotel IBIS AGDAL

Address : 32-34, rue Abderrahmanne, El Ghafiki, Rabat 10000

Capacity : 40

Number of double rooms : 20

Number of single rooms : 30

The disciplines affected: TENNIS / TABLE TENNIS /EQUESTRIAN



Hotel HEINAN CHELLAH N

Address : N2 Rue D'Ifni, Rabat 10010

Capacity: 180

Number of double rooms : 80

Number of single rooms : 10

The disciplines affected: BOXING / ROWING/ CANOE.KAYAK



Hotel FARAH CASABLANCA

Address : Avenue Moulay Hassan 1er, Casablanca 22000

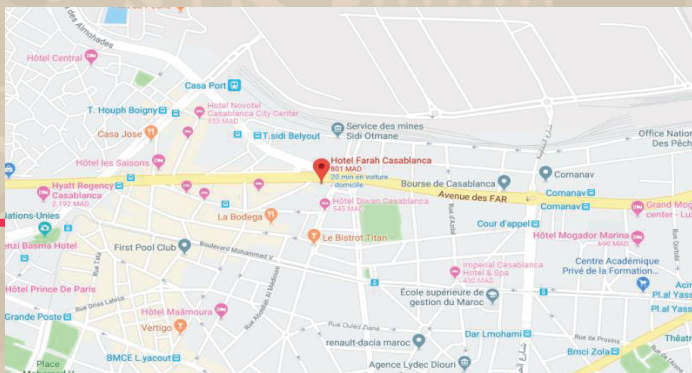
Capacity : +133

Number of double rooms : 66

Number of Single rooms : 03

Number of rooms between Twins and Single : 20

The disciplines affected: BADMINTON/ CYCLING/VTT/ CHESS
/HANDBALL/SWIMMING



Hotel JAWHARA

Adresse : Avenue jabrane khalil jabrane (en face Harass) 24000 El Jadida.

Capacité d'accueil : 50

Number of double rooms :

Number of Single rooms :

The discipline affected: WRESTLING



Hosting Sites of Press

The Press: COJAR will book Hotels 3 * / 4 * for journalists and photographers according to the registration of African games by their NOCs.

Hotel LA CAPITALE 4*

Address : Bis Rue Soussa. Rue Al Jabli. Rabat 10020

Capacity : 48

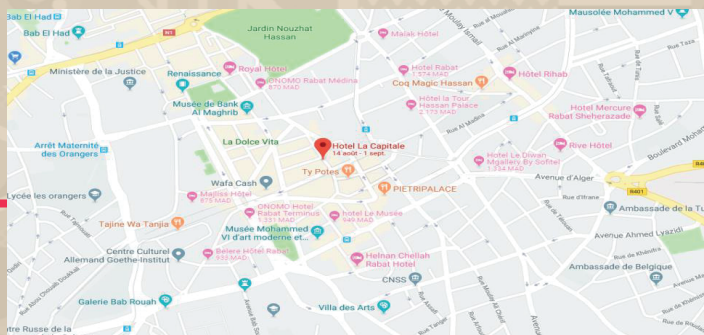
Number of double rooms: 16

Number of single rooms: 16

Prices double room in BB: 1050 DHS

Prices single room in BB: 850 DHS

Tourist taxes : 13,20/night /Person



Hotel MERCURE 3*

Address : 21 Rue de Tunis, Quartier Hassan, Rabat 10000

Capacity: 75

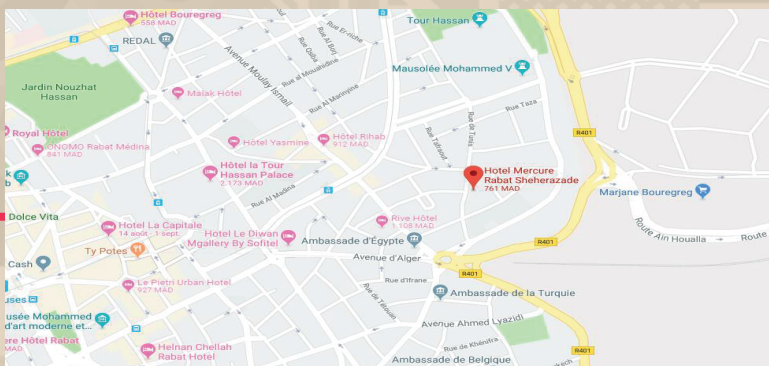
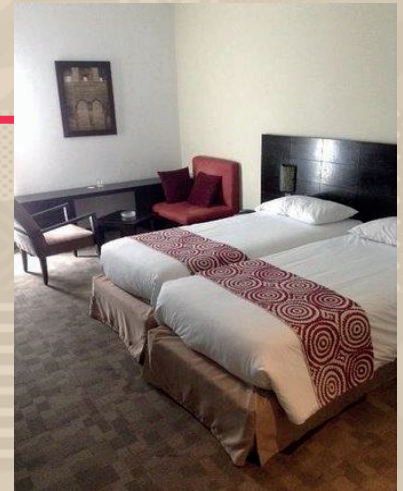
Number of double rooms : 25

Number of single rooms : 25

Prices double room in BB: 1140 DHS

Prices single room in BB: 950 DHS

Tourist taxes : 13,20/night/Person



Hotel ONOMO 4*

Address : 286 Ave Mohammed V, Rabat, en plein centre ville

Capacity : 75

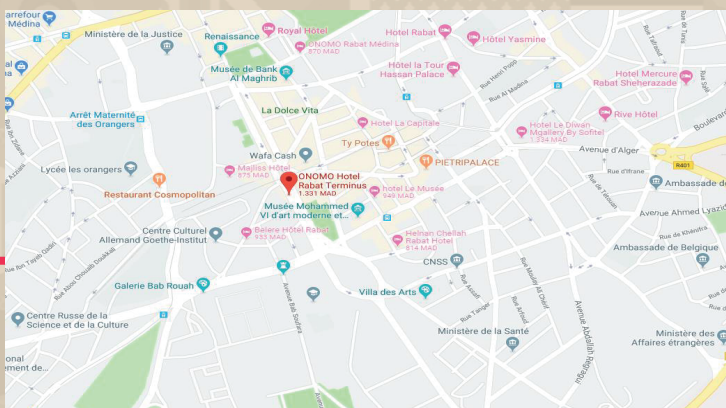
Number of double rooms : 25

Number of single rooms : 25

Prices double room in BB: 1450 DHS

Prices single room in BB: 1250 DHS

Tourist taxes: 19,80/Night/Person



Hotel ROYAL 3*

Address : 401 Avenue Hassan II, Rabat.

Capacity: 65

Number of double rooms: 22

Number of single rooms : 21

Prices double room in BB: 1000 DHS

Prices single room in BB: 800 DHS

Tourist taxes : 13,20/Night/Person



Hotel KENZI BASMA 4*

Address : Avenue Moulay Hassan 1er, Casablanca 22000

Capacity: 60

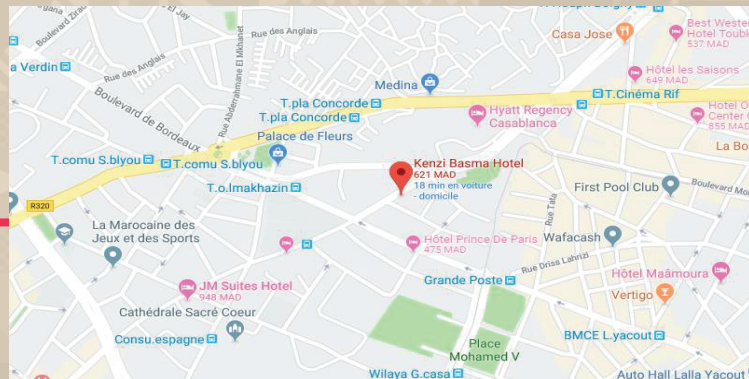
Number of double rooms: 20

Number of single rooms: 20

Prices double room in BB: 1050 DHS

Prices single room in BB: 890 DHS

Tourist taxes: 19,80/Night/Person



Hotel LES ALMOHADES 4*

Address : 1er, 20000, Boulevard Moulay Hassan I, Casablanca

Capacity : 75

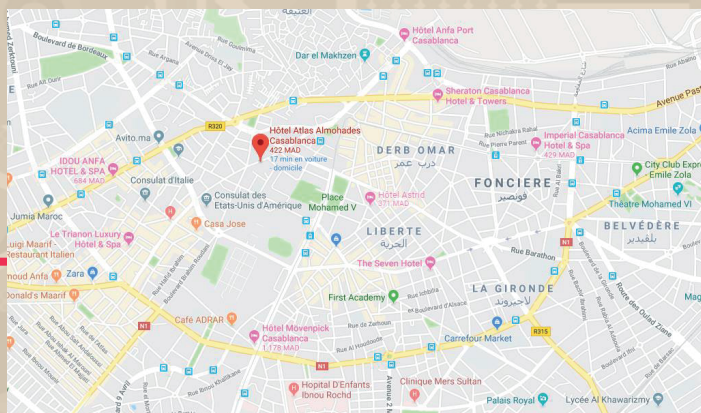
Number of double rooms: 25

Number of single rooms: 25

Prices double room in BB: 750 DHS

Prices single room in BB: 650 DHS

Tourist taxes: 19,80/Night/Person



Hotel KENZI SIDI MAAROUF 4*

Address : 300, Lotissement El Fath 2, Casablanca 20190

Capacity: 75

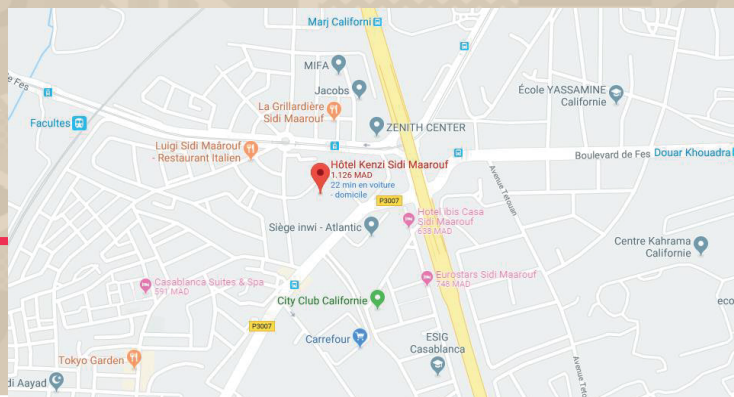
Number of double rooms: 25

Number of single rooms: 25

Prices double room in BB: 1100 DHS

Prices single room in BB: 950 DHS

Tourist taxes: 19,80/Night/Person



Areas of the residents

Athlete Room / Staff:

The double rooms will be equipped with :

- Standard twin beds
- A wardrobe
- A chair
- A table

The plugs :

- The rooms are powered by a nominal voltage of 220V

The bathrooms will be provided with :

- Garbage Can
- Hand soap
- Mirror
- Toilet roll

The beds will be equipped with :

- Mattress
- Bed throw
- sheets
- slipcover
- Pillow
- Pillowcases
- 01 set of towels (one big, one average)

Secretariat of Chef de Mission and NOCs in villages

NOCs with a delegation of 50 people or less will have common office.

- Office
- Chairs
- Cabinets
- laptop
- Printer
- Garbage Can

NOCs with a delegation of more than 50 people will have dedicated office space with the same device

Meeting rooms

NOCs with a delegation of more than 50 people will have priority access to meeting rooms equipped with:

- Medium Rectangular Meeting Tables
- Chairs
- Whiteboard
- Air conditioners
- Garbage Can

Common areas «Mixed Zone»

The spaces will be equipped with :

- Sofas
- Exhibitions
- FOOTSTOOL
- Cushions
- Coffee tables
- Conditioners
- TV (Public and commercial international news, sports and entertainment channels, in various languages)
- Garbage Can
- Water dispensers

Medical areas :

During the African Games, the medical services team will be at the disposal of the accredited, in the villages.

- Anti doping program
- Health Care

Laundry Service

• Village residents will be provided with complimentary laundry service and will receive two laundry bags – one for white clothing and one for color clothing.

• Residents will be responsible for ensuring that the appropriate colors are placed in the appropriate bag. Laundry services will be available daily according to the provider. Residents can bring their own laundry bags to the laundry service.

Internet services :

Free WI-FI internet access will be available in the mixed areas of the villages.

- Currency exchange services (foreign exchange)
- Telephone operators services (SIM card / recharges)

Security:

• The security operation in the villages of the games, training sites and competitions will be provided by national security ... etc in close collaboration with the security team of the African Games Rabat 2019.

Spaces dedicated to the villages of the games

- Administrative spaces
- Media spaces
- Accreditation spaces
- Volunteers available
- Space lost objects
- Transport Area

II- Catering

II-1. Athletes Village

Athletes, Heads of Mission, Senior Team Officials, will have a knife and a fork symbol on their accreditation, giving them unlimited access to all services listed on the NOC CHEFS DE MISSION MANUAL.



The villages will serve as a place of residence for the participants in these games. Each Village has three types of catering facilities: main dining halls for the athletes, a Village café and sales booths where the athletes could Relax, and where members of the media could meet up, as well as facilities for Games staff such as volunteers.

II-2. Main dining rooms

The capacity of all the main dining rooms of the sites is between 400 and 600 places and will open at the following times:

Service	Opening time
Breakfast	06h00 - 10h00
Lunch	12h00 - 16h00
Dinner	19h - Midnight

Residents and guests visiting the main dining room will have their accreditation checked to ensure they have restoration privileges. For sanitary reasons, users of the main dining room can only carry a drink, a fruit and a snack (in the process of consumption).

Exceptions will be possible upon presentation of a medical certificate stating that an athlete cannot eat in the main dining room.

The main dining room is self-service and patrons are encouraged to throw their leftovers in the appropriate baskets.

The Athlete Menu prior to competitions must be varied according to the nature of the sport in which they participate. Meals must meet the multiple needs of athletes according to the diets imposed by their events. A wide range of meal choices will be offered. The menus will be developed in partnership with caterers and sports nutritionists.

Grilled meat, fish and vegetables will be available at all counters, as well as fresh, simple and mixed salads. All fruits, vegetables and cereals will be Moroccan and seasonal.

II-3. Sample menu



Breakfast :

- A glass of 100% pure fruit juice;
- Mineral water
- Whole meal bread, whole meal rusks, sandwich bread
- Pancakes, hercha, baghrir, galette
- Cereals
- Butter, cheese, jam and honey
- Hot drink: coffee, tea, milk
- Pastry
- Eggs or omelette
- A natural yogurt, fruit yogurt
- Seasonal fruit.

Lunch :

- An entrance of vegetables. Always combine starchy foods that are very good alkaline foods (rice, pasta, lentils, potatoes, split peas, beans, wheat semolina, etc.) with cooked green vegetables (green beans, chard, fennel, cooked endives, spinach, cooked salad, eggplant, zucchini, leeks).
- Red meat, white meat, sea products or eggs. Meat and fish must be grilled without fat;
- Whole meal bread, white bread depending on the training load of the day;
- A hazelnut or raw butter;
- For oils alternate rapeseed oil, walnut oil and olive oil.
- Soft cheese or cottage cheese;
- Fruit, raw or cooked (raw fruits are rather advisable between meals);
- Cream dessert, flan, yogurt.
- Drinks: Water, soft drinks and orange juice, Coffee, tea





Dinner :

- A soup entree of cooked green vegetables (hot or cold);
- The plate of vegetables of average volume will consist of 1/3 starchy vegetables for 2/3 cooked green vegetables;
- Fish, red meat, white meat, eggs;
- Whole meal bread, white bread;
- A dairy product;
- Cooked fruit or compote will be more digestible than the raw fiber of a fruit especially if dinner is eaten late.

II-4. Example of VVIP / VIP Catering at the competition sites and at the ceremonies

Cocktail Formula :

A panoramic view of the competition area, with a menu:

- Welcome drink,
- Thematic salty / sweet buffet,
- Appetizers, assortments
- Dessert pies.



II-5. Catering Services

Cafés of the village

Cafés will be set up to allow exchanges between athletes and technical staffs or between members of the media. The cafes will offer drinks, tea, coffee, and snacks.

Canteen for the staff :

For the staff (volunteers, security agents, police, nurses, ... etc), a catering service will be installed and made available to them, on all competition sites and games villages.

Press Center :

The catering service is provided from 8am to 10pm.

Takeaway sales stands :

The meals for the spectators must be not only tasty but also varied, at accessible prices, clearly identifiable and quickly served

III-TRANSPORT

The Organizing Committee of the All-Africa Games «Rabat 2019», (COJAR), will ensure the transportation of all categories of duly accredited participants and entitled to transport during the games, namely: VVIP, VIP, sports delegations, Technical officials and media. Also, COJAR will organize transportation for the following categories of participants:

A reception and transport center with a car park of different types of vehicles will be set up permanently 7/7 and 24/24 during the period of the games in each of the sites of Hosting.

III-1. Transport access by category

COJAR will provide adequate transportation for each category of participants for the duration of the Games.

CODES TRANSPORT	DESCRIPTION	PRIVILEGES
T1	Reserved vehicle with driver (individual)	Reserved vehicle with driver assigned to a person.
T2	Reserved vehicle with driver (shared)	Reserved vehicle with driver assigned to two or more person(Car or Van).
T3	Fleet vehicle with driver (on request)	Only for Games participants (two or more participants On request)
T4	Transport in circuit dedicated to COJAR.	Transport in circuit dedicated to COJAR.
T5	Transport for volunteers from the place of accommodation to the duty station.	Transport special volunteers.
TA	Transportation for athletes and team officials	Transport system reserved for participating delegations
TF	Transportation for Technical Officials / International Federations	Transport system reserved for technical officials / International Federations.
TM	Transport for the media	Système de transport réservé aux médias

One vehicle will be dedicated to each team participating in the collective sports competitions according to the competition program.

III-2 Park dedicated to the Games



Beneficiaries
Sports Delegations

Type of vehicle :
48-seater coaches

Number:
The number of vehicles will be determined according to the number of people /discipline/day



Beneficiaries
Sports Delegations

Type of vehicle :
Minibus 17 places

Number:
The number of vehicles will be determined according to the number of people /discipline/day



Beneficiaries
Sports Delegations

Type of vehicle :
Luxury Cars (Type A,B)
with driver

Number:
The number of vehicles will be determined according to the number of people /discipline/day



Beneficiaries
Equipment

Type of vehicle :
7 places Van

Number:
According to the need



Beneficiaries
Sports Delegations

Type of vehicle :
Berlin Cars (Type B)
with driver

Number:
The number of vehicles will be determined according to the number of people /discipline/day



Beneficiaries
Equipment

Type of vehicle :
Trailer & Trucks

Number:
According to the need

III-2-1. Quotas for vehicles by delegation

The Organizing Committee of the African Games will make available to each Head of Delegation a car with driver. If a delegation has more than 100 competitors, it will be equipped with a second vehicle with driver

Workforce	Number of vehicles
100	1
>100	2

III-2-2. Additional vehicles and rental service

The Organizing Committee of the African Games may make available to the delegations, a car rental service for the said delegations.

In addition to the rental service, a transport counter consisting mainly of Taxis will be set up with a specific pricing.

III-2-3. Opening and closing ceremonies

During the opening and closing ceremonies, COJAR will put in place a specific transport plan to ensure the transfer of all participants to the Prince Moulay Abdallah Sports Complex in Rabat, venue of the opening and closing ceremony.

III-2-4. Schedule of arrivals and departures

For a better organization, a table including the different information relating to the flight plans of the various participants, will be elaborated.

III-2-5. Shuttle Service

A bus / shuttle station will be set up and put at the disposal of the sports delegations in front of each Hosting site, ensuring a regular shuttle service of a specific frequency, starting from the sites of Hosting and passing by the various sites of training and competition.

Shuttle Route scenarios will be defined according to the competition and training programs linking the different sites.

Sports delegations can access shuttles for all training and competition venues throughout the game period.

Shuttle route:

For a better organization, a table sheet including the different information relating to the flight plans of the various participants, will be elaborated.

« A regular shuttle will be provided between the accommodation site and each competition and/or training site. »

IV- Mileage and Timer (Airports – Hosting Sites)

Hosting cities	Hosting site	Mileage Timer			
		Airport Mohammed V		Airport Rabat Salé	
		Km	Mn	Km	Mn
El Jadida	Ibis Budget BLEU	105 KM	1h26mn	211 KM	2h17mn
	Moussafir Grand Ibis ROUGE	105 KM	1h26mn	211 KM	2h17mn
	Hôtel Jawhara	210 KM	2h15mn	104 KM	1h24mn
Casablanca	Bayt Al Maârifa - Casa	27,4 KM	27 mn	106 KM	1h19mn
	Résidence Universitaire Ziraoui	31,1 KM	35 mn	104 KM	1h28mn
Rabat-Salé	U.I.R - Salé	10,2 KM	15 mn	130 KM	1h27mn
	C.N.S - Salé	137 KM	1h34mn	4,4 KM	10 mn
	Cité Universitaire Agdal	112 KM	1h36mn	12,3 KM	18 mn
	Club Equestre Dar Essalam	120 KM	1h24mn	23,1 KM	34 mn

IV-Mileage and Timer

(Hosting Sites – Competition Sites)

Rabat-Salé Region – Temara – Khemisset

	Club Equestre Dar Essalam	Cité Universitaire Agdal	U.I.R	C.N.S	UR Ziraoui	Dar Eddaya	Ibis Budget BLEU	Mousafir Grand Ibis ROUGE	HOTEL JAWHARA	Bayt Al Maarifa Casa
Palais des Sports (Sports Palace) CPMA – Rabat	14km	8,1km	24km	28,4km	84km	109km	180km	180km	179km	87,8km
	23mn	15mn	22mn	28mn	1h18mn	1h21mn	1h54mn	1h54mn	1h52mn	1h10mn
Wifaq Club – Rabat	9,1km	6,7km	12,6km	18,4km	93,2km	98,9km	187km	187km	186km	94,6km
	12mn	14mn	13mn	18mn	1h26mn	1h11mn	2h	2h	1h59mn	1h12mn
Royal Golf Dar Salam – Rabat	1,9km	12,4km	19,4km	24,3km	95,2km	98,2km	189km	189km	187km	96,6km
	4mn	20mn	25mn	27mn	1h24mn	1h30mn	2h08mn	2h08mn	2h03mn	1h15mn
Salle Ibn Rochd – Rabat	15km	4,9km	19,5km	20km	89,7km	103km	184km	184km	182km	92,6km
	27mn	13mn	30mn	29mn	1h29mn	1h29mn	2h3mn	2h3mn	1h59mn	1h14mn
Complexe Moulay Al Hassan – Rabat	9,9km	4,4km	13,4km	18,4km	94,5km	92,3km	188km	188km	186km	96,2km
	17mn	10mn	16mn	19mn	1h23mn	1h19mn	2h33mn	2h33mn	1h59mn	1h13mn
Reddad Arena – Temara	14,5km	13,3km	24,7km	20,1km	86km	112km	178km	178km	176km	86,3km
	27mn	26mn	29mn	28mn	1h19mn	1h28mn	1h56mn	1h56mn	1h54mn	1h05mn
Nahda Arena – Rabat	11,3km	10,6km	5,6km	15,9km	95,8km	89,8km	189km	189km	187km	97,5km
	18mn	14mn	11mn	16mn	1h23mn	1h17mn	2h04mn	2h04mn	2h01mn	1h13mn
Al Amal Arena – Rabat	15,3km	7,1km	20,1km	20,6km	89,5km	107km	183km	183km	181km	91,2km
	25mn	12mn	25mn	31mn	1h14mn	1h25mn	1h56mn	1h56mn	1h53mn	1h05mn
Club Equestre (Equestrian Club) Dar Salam – Rabat	00km	12,4km	19,4km	25,3km	95,2km	106km	189km	189km	187km	96,9km
	00mn	20mn	25mn	28mn	1h25mn	1h24mn	2h07mn	2h07mn	2h04mn	1h17mn
Sofitel Hotel Park – Souissi – Rabat	12,5km	1,2km	13,4km	14,2km	93,9km	97,9km	178km	178km	185km	95,6km
	22mn	3mn	20mn	18mn	1h21mn	1h18mn	2h03mn	2h03mn	2h	1h13mn
Bouazzaoui Arena– Salé	20,8km	10,9km	14,9km	7,8km	104km	91,5km	197km	197km	195km	105km
	32mn	13mn	19mn	12mn	1h30mn	1h11mn	2h13mn	2h13mn	2h10mn	1h23mn
Beach of Salé – Salé	18,3km	8km	15,2km	12,5km	101km	96,1km	194km	194km	192km	103km
	31mn	13mn	22mn	19mn	1h29mn	1h18mn	2h12mn	2h12mn	2h09mn	1h21mn
Bourgreg Valley – Salé	17,4km	4,6km	16,3km	13,1km	92,5km	103km	168km	168km	184km	94,2km
	30mn	8mn	18mn	20mn	1h15mn	1h18mn	1h59mn	1h59mn	1h56km	1h18mn
Arjat Shooting Club – Laarjat	30km	21,9km	11,7km	8,2km	119km	77,1km	213km	213km	211km	121km
	31mn	24mn	14mn	11mn	1h30mn	56mn	2h14mn	2h14mn	2h11mn	1h23mn
I.R.F.C – Salé	12,9km	14,9km	8,3km	0km	116km	84,9km	209km	209km	207km	118km
	24mn	18mn	12mn	0mn	1h28mn	1h4mn	2h12mn	2h12mn	2h8mn	1h20mn
















Region of Casablanca – El Jadida

Sites	Club Equestre Dar Essalam	Cité Universitaire Agdal	U.I.R – Salé	C.N.F – Salé	Centre Maâmoura – Salé	UR Ziraoui Casablanca	Ibis Budget BLEU – El Jadida	Mousafir Grand Ibis ROUGE – El Jadida	HOTEL JAWHARA El Jadida	Bayt Al Maarifa Casablanca
Salle Omnis ports Ain Chock	29,4km	84,4km	160km	111km	111km	7,1km	99,3km	99,3km	97,4km	7,4km
	1h11mn	57mn	1h10mn	1h13mn	1h13mn	18mn	1h10mn	1h10mn	1h06mn	10mn
Palais des Sports MedV Casablanca	97,1km	96,7km	108km	113km	112km	9,8km	90,2km	90,2km	88,3km	1,9km
	1h21mn	1h11mn	1h17mn	1h21mn	1h19mn	23mn	1h02mn	1h02mn	58mn	6mn
Nouvelle Salle Omnisport El Jadida	195km	190km	205km	193km	212km	103km	4,3km	4,3km	5,2km	95,6km
	2h10mn	2h12mn	2h13mn	2h17mn	2h19mn	1h35mn	9mn	9mn	9mn	1h13mn

V- Paying Services

A Catalog presenting the paid services will be established and made available to you as soon as possible.

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